

# VETERANS

*simplify your*  
**healthcare**



Sign a form so your VA and Non-VA healthcare providers can securely share your health records electronically.

**VLERHealth**  
exchange

Your doctor will have a better picture and more complete summary of your health by:

- Easily sharing your current medications with your doctors
- Eliminating unnecessary medical tests
- Improving your health by empowering you

***Ask your doctor for the release form!***

VA Form 10-0485

To learn more or send in your form, contact your local VA Release of Information (ROI) office:

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For more information, visit: [www.va.gov/VLER](http://www.va.gov/VLER)



U.S. Department of Veterans Affairs  
Veterans Health Administration  
Office of Informatics and Analytics